

# Foundation Focus

Fall 2016

Invest in nurses. See the difference in health care.

## Four new CNF scholarships this year!

It's amazing how your gift is helping to provide excellence in nursing care!



## Canadian Nurses Foundation



*"Upon graduating from the doctoral program, I would like to pursue research, teaching and have an impact on practice related to nursing informatics and mental health in Canada."*

Gillian Strudwick,  
Dr. Kathryn J. Hannah  
Nursing Informatics Award



*"Primary care nursing is my passion. Primary care nurses are optimally situated to provide comprehensive care with an aim of prevention to reduce the burden on the health system."*

Chrissy Rowan,  
Manitoba Registered  
Nurses Centennial  
Legacy Scholarship



*"This generous award will enable me to contribute to the advancement of knowledge and practice in child mental health."*

Marjorie Montreuil,  
Lundbeck Canada  
Mental Health Nursing  
Fund award



*"I've worked on a HIV hospital ward, HIV primary care clinic, emergency department, and a UBC research study aiming to support women healing from experiences of violence by incorporating traditional indigenous teachings - all having sparked a drive to learn more from these communities and work together for greater equity and wellness."*

Jennifer Woo,  
Beverly and John Carl  
Scholarship



# NURSES ACROSS CANADA - and their patients and communities - thank YOU!

You have helped over 100 nurses through these  
six scholarships, and so many more!

We are so grateful for your generosity!

## Thanks to YOU

**Jillian is helping to ensure that you  
have access to health care when  
and where you need it!**

Over the past 20 years, together with NANB, you have helped a total of 24 New Brunswick nurses pursue their dreams! And now your generosity has doubled – thanks to matching funds from the New Brunswick provincial government, recently announced at the CNF Biennial Reception in Saint John, NB.



Biennial reception: l-r Christine Rieck Buckley (CNF), Victor Boudreau (Minister of Health, NB), Rachel Maillet Bard (CNF)



Jillian Ring, 2015-2016  
Nurses Association  
of New Brunswick  
Award recipient

As a nurse practitioner, Jillian is working towards improving and integrating the role in primary health care across Canada.

Because of your generosity, in 2017, another gifted New Brunswick nurse will receive the new NANB/TD Insurance Meloche Monnex Centennial Doctoral Scholarship.

**Did you know... that the NP  
role in Canada began with nurses  
providing care in rural and remote  
areas? The first education program for  
NPs actually prepared nurses to work in  
nursing stations in remote areas  
of Northern Canada.**

## Congratulations to all CNF award recipients 2016-17!

To see how your generous donations are making a difference, please visit [cnf-fiic.ca](http://cnf-fiic.ca)

Special thanks to the 2016 Merit Review Panel, who graciously donated their time and expertise to review the scholarship applications.

# 1981 Virginia Lindabury Award

(passionate nurse educator and former editor of *Canadian Nurse*)

35 years: 34 nurses



**Patricia Julian** “I have always wanted an intellectually stimulating career that also improves other people’s lives. This dream, combined with my strong respect for seniors, led me to realize that I should become a gerontology nurse.”

# 1991 Judy Hill Memorial Award

(Judy Hill RN lost her life in a plane crash while serving her beloved northern community)

25 years: 29 nurses



**Cedar McMechan** “I am particularly interested in finding nursing opportunities to work with indigenous or other minority populations.”



**Katie Koob** “I believe nursing in Canada’s north would offer a unique opportunity to deepen my understanding of Canada’s indigenous peoples and their relevant health concerns.”

# 1991 Ginette Lemire Rodger Award

(Dr. Lemire Rodger is a renowned nursing leader both in Canada and globally)

25 years: 10 nurses



**Delasi Essien** “I am exploring compassion fatigue in nursing educators and faculty. There is a lot of research on compassion fatigue in other nursing specialties such as trauma care, oncology and palliative care, but little in the field of academia.”

# 2001 TD Meloche Monnex Award

15 years: 16 nurses



**Sheila Boamah** “I am passionate about global health issues and the importance of achieving equity in health for individuals on a local and international scale.”

# 2006 Nova Scotia Nurses Award

10 years: 10 nurses



**Martha Paynter** “My research interests include perinatal health of criminalized women in Atlantic Canada, access to reproductive health services, and human milk donation.”

# 2006 Sigma Theta Tau International Award

10 years: 10 nurses



**Karen Campbell** “Being able to focus on health and wellness to lower the need for hospitalizations and illness and address health disparities is incredibly rewarding.”

# Message from the Executive Director



The heat of the summer months is winding down quickly but the fall brings with it the warmth and beauty of changing foliage and harvest. And, of course, thanks. The nurses you have supported this year are so thankful for your generosity and support in helping them achieve their

goals and dreams. They could not do it without you! And CNF is now focusing its efforts on a

very special group of nurses – those who support our indigenous communities. With the goal of raising **One Million in One Year**, together we can increase the number of indigenous nurses in Canada, and provide them with the education that is essential to improve the much-needed care these communities so deserve! My message: **Support the Journey** and help create **Stronger Communities – Greater Knowledge!**

Thank you and stay happy and healthy!

photo: Teckles Photography Inc.

## SAVE THE DATE!

CNF's 7th Nightingale Gala 2017

May 11 at the Shaw Centre, Ottawa

Don't forget, after Black Friday  
and Cyber Monday comes...

Gi  ing Tuesday

November 29 

visit [cnf-fiic.ca](http://cnf-fiic.ca) for more details

## BECOMING A MONTHLY DONOR IS EASY!

Your monthly gift is safe, automatic and you receive one annual tax receipt. **It's that simple!**

### ACT NOW!

- Fill out the enclosed donation card and drop it in the mail, or
- Visit [cnf-fiic.ca](http://cnf-fiic.ca) and click on donate, or
- Call Annette Martin at 1-844-204-0124 x 223

As a CNF monthly donor, YOU are helping nurses and families across Canada – every day of every month!!

**Your once a month can change someone's every day.**

*CNF thanks all its generous donors and supporters.  
We couldn't do it without you!*

*Sign up @[cnf-fiic.ca](http://cnf-fiic.ca) to receive monthly nursing stories and see how you are making a difference*

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