

Soutenez le parcours :
Des communautés plus fortes
De meilleures connaissances



Support the Journey:
Stronger Communities
Greater Knowledge

One Million in One Year – Support the Journey: Stronger Communities, Greater Knowledge

The Canadian Nurses Foundation (CNF) works in a reciprocal and respectful manner with Indigenous nurses who have helped define and develop our collective work for the past 8 years. We are honoured to support and engage the incredible people who wish to undertake this significant work for a better society.

Why Support Indigenous Nurses

- Currently we do not have enough Indigenous nurses to meet the health care needs of Indigenous communities across Canada.
- Increased access to mental health care providers is needed more than ever to improve care and health outcomes for Indigenous youth.
- There is an urgent need to increase and strengthen Indigenous nursing capacity to improve health care and services for patients, families and Indigenous communities across Canada.
- The Truth and Reconciliation Commission #23 calls for an immediate increase in the number of Aboriginal professionals working in the health-care field and to ensure the retention of Aboriginal health-care providers in Aboriginal communities.



Canadian Nurses Foundation (CNF) Fall Event

- Discover impressive Canadian wines from highly acclaimed Canadian winemakers paired with delicious food
- Exclusive event will give guests the opportunity to meet the makers while sipping on wines not available at the LCBO
- Only Two hundred (200) tickets available

Event proceeds will support Indigenous Nursing

Contributions to be allocated towards one or more of the following Indigenous Nursing programs:

- Educational scholarships
- Research Grants
- Professional development - Mental health
- Mentorship program

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Educational Scholarships

- These educational scholarships (Baccalaureate) will provide Indigenous nurses with the opportunity to identify and develop nursing best practices for improved access and services to Indigenous communities across Canada.

Research Grants

- The research grants will provide funding to nurse researchers or trainees to focus on the health needs in Indigenous populations with the goal of improving health care services in Indigenous communities.
- To help increase capacity of Indigenous nurse researchers; new investigators, mentoring with seasoned researchers, including the sharing of Indigenous knowledge, two way learning and development of best practices.

Professional Development – Mental health

- To increase the knowledge and skills of Indigenous nurses in mental health.
- To help increase access to mental health services in Indigenous communities.
- To develop a learning program for Indigenous nurses that would include online learning modules to prepare these critical care providers for a national certification exam in mental health.

Mentorship Program

- To ensure retention of Indigenous nurses in Indigenous communities across Canada through establishing successful mentorship programs with universities and partner organizations.
- CNF Aboriginal award recipients will share their stories of success and inspire other Indigenous youth to have hope and aspirations to become a registered nurse to help meet the health care needs of communities.

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Indigenous Nursing

- The recent Truth and Reconciliation Commission highlighted the need for a commitment to improving the health and education of Indigenous peoples.
- Indigenous nurses are often the first point of contact and the only ones available to provide immediate health care in these Indigenous communities.
- Indigenous health care workers have the greatest ability to deliver culturally safe care to Indigenous communities, and are most likely to stay long-term.

- There is a need to build research competencies within community members to identify and develop effective solutions and interventions to meet their needs.
- First Nations youth die by suicide about five to six times more often than non-Indigenous youth. The suicide rate for Inuit people is 11 times the national average, among the highest in the world. For young men, the rate is even higher. (The Mental Health Strategy for Canada: CHANGING DIRECTION CHANGING LIVES.)

CNF Indigenous Nursing Fund

- Since 2009, CNF in partnership with TD Bank, has funded Indigenous nursing education and research that has helped nurses learn, investigate and advance innovation and leading healthcare practices in response to the needs of Indigenous communities.
- **Over 130 Indigenous nurses have received educational support from CNF totaling over \$410K**
 - 80 new Indigenous nursing students - Baccalaureate level
 - 40 Indigenous nurses - research at the Masters, and PhD levels

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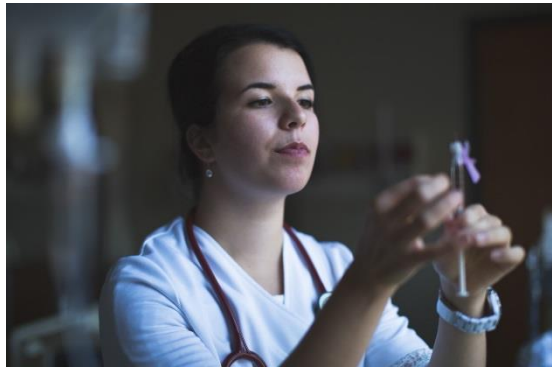
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CNF Indigenous Nurse Award Recipients



“At first I was hesitant about applying to CNF because I underestimated myself and I struggled to find the confidence to apply. As it was, I was the only Indigenous nurse at my university, and never got the chance to meet other Indigenous nursing students. It was an intimidating process, but with the support of my mentors, I applied and won the award for 2015. It means a lot to me and validated my abilities and all the work I’ve been doing, but most importantly it taught me to believe in myself.”

Isabelle Wallace, Madawaska Maliseet First Nation, New Brunswick



“The award contributed to me becoming a nurse practitioner. My village and community benefits as I work at home in our hospital, I am on Chief and council and hold the health portfolio advocating in the First Nations political arena for our health care needs. I have youth who are inspired by my role, and say they too want to become nurses. That award made me believe in myself, push forward, fight, survive, and thrive as a nurse.”

Tania Dick, Tsawataineuk Nation of Kingcome Inlet, BC

Contact information

Christine Rieck Buckley
CEO
Phone: 613-680-0879 ext. 222
Email: cbuckley@cnf-fiic.ca

Annette Martin
Director of Development
Phone: 613-680-0879 ext. 223
Email: amartin@cnf-fiic.ca

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