Arden exemplifies the goals and ideals inspired by this award. As a first-year nursing student, Arden plans to pursue work in maternal, newborn and child health. Her passion for caring and advocating for the most marginalized populations inspired her studies and future career as a nurse. Arden is currently an active member of the Glebe High School *Because I am a Girl* Speaker’s Bureau and was an advisor for the “Beyond 2020: Canadian Global Health and Development” Conference.

**Karen Graham Northern Nursing Award – in support of community nursing in Canada’s North**

Established by Karen’s family in memory of Karen Graham, a nurse and teacher in Canada’s north, and her commitment to lifelong learning, this award provides continuing education support for community nursing in the Canadian North.

“Northern nursing has been a most rewarding career for me. Work situations demand creativity, independence, and collaboration with other health care providers and community members. The work is challenging and there is always more to learn. I enjoy the fact that northern nurses can combine clinical expertise in primary care with knowledge of family and community which gives them a unique opportunity to offer primary health care in a truly holistic way. I like the fact that working in a cross-cultural situation frequently challenges my assumptions and broadens my perspective on the world and people.”

**Canadian Nursing Students’ Association partners with CNF to award CNSA scholarships**

Awards focus on

- Indigenous health
- Global nursing
- Diversity
- Environmental stewardship
- Community involvement, and more …

Visit cnf-fiic.ca for more information.
Meet Gillian Strudwick, nurse, researcher, CNF volunteer, and inaugural Dr. Kathryn J Hannah Nursing Informatics award recipient

How did your CNF award help move you towards where you are now?

It helped in three ways. First, the financial support allowed me to focus on my studies and therefore attain the necessary education. Second, the recognition of my research as being worthy and necessary provided me with confidence to find a position that would allow me to pursue this important work. Third, I had the opportunity to meet and become engaged in the nursing informatics community in Canada. It’s a truly inspiring group of nurses, doing amazing work to improve the health of all Canadians. This group has provided me with many opportunities, and has been extremely supportive.

Why do you want to be a CNF volunteer?

I truly believe it’s important to pay it forward, and volunteering with CNF is one way I can do this. Over the last several years I have been the recipient of much support from CNF. I want other nurses to have the tremendous opportunities that I have had, and be able to contribute to the nursing community in Canada. There are great benefits from seeing a CNF award as a catalyst, or snowball, that through giving back to the community keeps growing with time. In my opinion, our patients and our profession will only benefit.

Thank you to donors like...Judith Wuest

“CNF supported my summer doctoral studies at Wayne State University in 1991 and 1993, and with a research grant in 1994.

I very much wanted a PhD in Nursing...none was available in Nursing in Canada at the time. I taught full time at UNB, lived in rural New Brunswick and had three young teenagers.

My family and UNB supported my doctoral studies, but without funding from CNF it would not have been possible.

I support CNF because they were able to think outside the box and fund non-traditional approaches to doctoral work. Consequently I was successful at obtaining CIHR and SSHRC funding to study women’s health and violence. I also held a CIHR Investigator Award from 2002 to 2007.  I am very grateful and have spent the years since completing my PhD trying to support others and, of course, pay it forward with CNF. Thank you so very much! “ Judy
CNF’s Biennial Reception

Get your tickets TODAY!

Join CNF award recipients, fellow donors, nurses and colleagues in celebration of Canada’s nurses and community health care.

All proceeds from this exclusive fundraising event will help fund nursing scholarships and research across Canada.

“Invest in nurses. See the difference in health care.”

Home is Where the Health is!

Ottawa, June 17, 2018 from 5 – 6:30 pm
The Sussex
531 Sussex Drive, Ottawa
Tickets: $50 each
Tickets are limited so don’t delay! Visit cnf-fiic.ca/events to secure your ticket today.

And don’t miss out on CNF’s Draw for a very special quilt!

Anita has always felt a strong connection to her time at Montreal General and thought how she might be able to give back to young nursing students. After graduating from Montreal General, Anita had begged her fellow classmates to give her their uniforms. She never dreamed that some day she might make something beautiful with them, that might someday help send another young nurse to school.

“The quilt is made from pink fabric with monograms, all from uniforms given to me by the girls from nursing school when they graduated in the early 1950s.” Anita Tattrie

Jasmine’s story

When I was 10 months old I suffered 3rd degree burns to my hands and legs. As a result of this, I spent a lot of time throughout my childhood in the hospital. Most of the memories I have from my time in the hospital revolve around the nurses. They were the people I saw everyday, they were the people who made me feel comfortable and safe throughout many of the procedures I had endured. I am forever grateful for nurses. It is my goal to pay it forward.

In April 2015, I started my own company Wear It Forward, a clothing brand that gives back to the community. The mission behind the brand is to allow people to pay it forward by wearing it forward. In order to pay it forward for all the nurses that have helped me, I created Scrubs for Scholarships. With each purchase of our high-quality, inexpensive scrubs set, $5.00 will be donated towards CNF nursing scholarships. The overall goal is to send as many nurses to school as possible – all you have to do is Wear It Forward!

Learn how you can wearitforward at cnf-fiic.ca

Quilt tickets can be purchased on-line or during CNF’s Biennial Reception, June 17th and CNA’s Biennium at Shaw Centre Ottawa, June 18–20th.

Draw – June 20th.

Do you know someone you want to honour for a wedding, graduation, or lifetime achievement? Why not mark the occasion with a donation to CNF in their name? Or get together with others to support or even establish a named scholarship?
The sun and warmth have finally arrived after a very, very long winter! CNF has just completed its review of scholarship applications and held its 8th Nightingale Gala, so we have another amazing year to celebrate. With this year’s Gala theme Home is Where the Health Is, CNF highlighted the importance of nurses in our communities, advocating for health promotion and disease prevention, caring for people in their own environments. All thanks to each and every one of you who have generously supported CNF and helped nurses advance their education to provide excellence in care. Let’s work together to ensure our health care system recognizes the importance of caring for people in their homes and the critical role that nurses play.

Wishing you all a wonderful summer and stay Happy and Healthy.

Marie Loyer

What if ...
• We believed that home is where health begins?
• We believed a focus on home and community care really makes an impact in our nation’s health?
• We addressed the inequalities we witness every day in our health care system?

Nurses know the importance of the home in the life of their patients. They want to put their patients first!

We would help people maintain or improve their health status and quality of life; be more independent and overall make our Canadian Health Care system a better system for all Canadians! Rather than just “Talk the talk” together, let’s “Walk the walk”!

Marina Kolar, Lundbeck Canada Nursing Award recipient, 2017

“I hope to combine my experiences of front of line practice alongside my understanding of social and structural determinants of health to influence policy through a social justice lens.”

Thanks to YOU, Gala net proceeds of $111,000 are supporting nursing scholarships and research grants across Canada

Join our 3,500+ followers on Twitter, and keep up to date!

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